

Single Adult Model (SAM) Housing Institute June 14/15, 2016

Cynthia Evans, DPSS
Libby Boyce, SAM Director, DHS
Lise Ruiz, DMH Program Manager



HPI Motion

June 11, 2013 Board Motion

- Reprogram HPI unspent one-time and ongoing funds
- Promote permanent supportive housing
- Reprogram funds based on geographic burden

October 30, 2013 Board Memo-Recommendations for Reprogramming HPI

- Establish the Single Adult Model (SAM) and Youth Demonstration Project (YDP)

November 12, 2013 Board Motion

- CEO, in coordination with DHS, DMH, DPSS, DPH, DCFS and CDC, directed to establish and develop implementation plans for SAM and YDP.



SAM Goal

- Create an infrastructure to reduce homelessness for the single adults through a collaborative partnership between multiple County departments. Provides:
 - Street engagement
 - Rental Subsidies/Housing Location Services
 - Integrated Supportive Services



Target Population

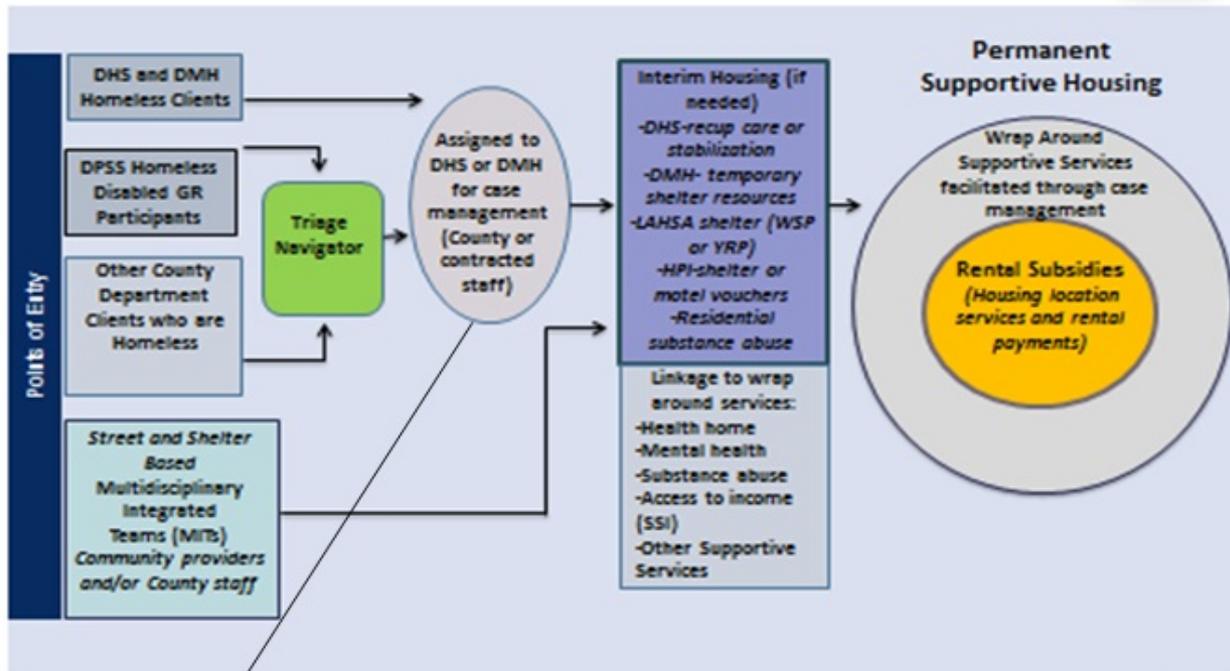
- DPSS GR participants with:
 - Two or more admissions for inpatient hospitalization and/or emergency-based services from DHS within the last 12 months.
 - A history of using the following DMH services:
 - Four or more visits to the emergency room or outpatient services within the last 12 months;
 - Three or more urgent care visits within the last 12 months; or
 - Discharged from a psychiatric ward within the last six months.
 - Incarceration in a L.A. County jail for over 60 days and has received medical or mental health services while incarcerated within the last 12 months.
 - A history of receiving GR benefits.
 - A disabling condition that potentially qualifies them for Supplemental Security Income (SSI).
 - A Mandatory Substance Disability Recovery Program (MSUDRP) requirement if applicable.
- Individuals that are outreached and engaged by a DMH Multidisciplinary Integrated Team



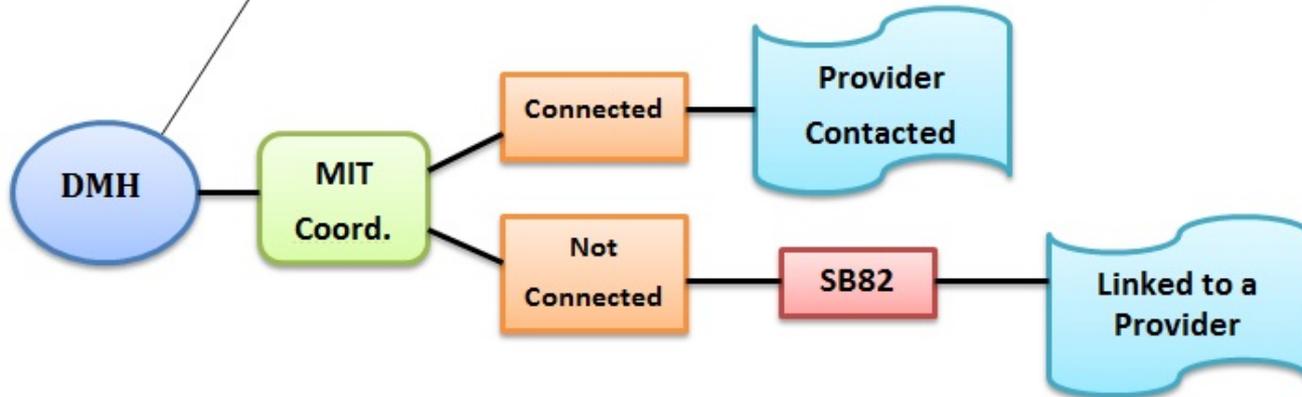
SAM Program Components

Program Component	Description of Program Components	Leveraged Funding/Resources
MITs	<ul style="list-style-type: none"> • Eight MITs, one in each Service Planning Areas (SPAs) • Each MIT will include a minimum of 5 team members to engage street and shelter-based individuals with serious mental illness. 	<ul style="list-style-type: none"> • DMH - Federal PATH Funding • DMH -- Federal Revenue • HPI
Integrated Supportive Services	<ul style="list-style-type: none"> • For MIT participants, the MIT will continue to provide mobile integrated supportive services. • For GR participants, a DMH or DHS integrated supportive services provider will be assigned to them based on whether health or mental illness is their primary condition. 	<ul style="list-style-type: none"> • MIT participants will be transferred to a long term DMH funded program once they are stabilized in housing. • DHS will assign GR participants to a DHS funded intensive integrated supportive services provider. • DMH will assign GR participants to a DMH funded intensive integrated supportive service program, such as FSP and FCCS.
Interim Housing	<ul style="list-style-type: none"> • Existing emergency/interim housing will be used for short term housing. 	<p>DHS, DMH, and LAHSA have emergency/interim beds that can be leveraged, such as shelter, stabilization beds, motel vouchers and recuperative care .</p>
Rental Subsidy Program	<ul style="list-style-type: none"> • Under DHS' current rental subsidy contract, Brilliant Corners will provide housing location, landlord negotiation, rental payments. • Tenants pay 30% of income for rent. 	<ul style="list-style-type: none"> • GR Participants – 330 slots • MIT – 80 slots 

Single Adult Model



9



DPSS SAM Selection

- An algorithm developed by the CEO ranks the participants by the “**heaviest users**” of DMH and DHS services.
- The secondary factors are:
 - Time on GR
 - LASD incarcerations
 - MSUDRP involvement
- This produces the SAM Master List of GR participants who are the “heaviest users” of county services.



How DPSS Contacts SAM Participants

- Outreach is conducted via:
 - Telephone
 - Email
 - Mail (Homeless mail process in district offices)
 - DPSS District office eligibility staff
- SAM participants may also contact the DPSS SAM Coordinator via the toll free number; 844-728-1100 and/or SAM email address; SAMHousing@dpss.lacounty.gov.



SAM Outcomes to Date

- SAM began implementation on July 1, 2015.
- As of May 15, 2016, there have been 119 DPSS referrals.
 - 49 were assigned to DMH
 - 69 were assigned to DHS
 - 1 are yet to be assigned (waiting on information to determine health or mental health as primary condition)
- Status of the 119:
 - 40 have been permanently housed
 - 23 are in move-in process
 - 47 are actively being engaged and/or working on permanent housing
 - 1 pending assignment to DHS or DMH
 - 7 are inactive
 - 1 deceased



Multidisciplinary Integrated Teams (MITs)



Staffing

- Licensed mental health professional
- Certified substance abuse counselor
- Case manager
- Peer Advocate
- Consulting psychiatrist/psychiatric physician's assistant/nurse practitioner
- Half-time Department of Health Services Registered Nurse



Target Population

- Individuals 18 and older who:
 - Have a Severe Mental Illness
 - Are homeless
 - Have high vulnerability as determined by the VI-SPDAT



Service Delivery Sites and Hours

- Services are provided in the field
- Services are provided:
 - 52 weeks a year
 - A minimum of 40 hours a week, over six days
 - Evenings/and or early mornings



Services Provided

- Outreach and Engagement
- Assessments
- Housing
- Case Management
- Transportation
- Medication Support
- Crisis Intervention
- Individual Therapy/Counseling
- Life Skills Training
- Substance Use Treatment



Evidence-Based Practices Required

- Critical Time Intervention
- Motivational Interviewing
- Housing First
- Harm Reduction



Community Involvement and Coordination

- Participation in other local community outreach efforts to individuals that are homeless
- Participation in local Continuum of Care meetings and other local planning meetings to end homelessness



Expected Outcomes

- 55% of the individuals that are outreached will voluntarily accept on-going services
- 70% of the clients will obtain permanent housing
- Of the 70% that obtain permanent housing, 90% will retain their housing for at least 9 months

